## Student Travel/Packing Tips

## <u>General</u>

- Don't over pack. Pack lightly since you will be responsible for handling your luggage throughout the trip.
- Put your name on all personal belongings. Luggage tags would be beneficial.
- Leave all valuables at home.

## IF YOU'RE FLYING

- Adults, 18 and older, are required to show government issued photo ID (i.e. driver's license or passport)
- Minors, 17 and younger, are not required to show ID, though we still suggest they bring some identification with their name on it (i.e. school ID or credit card).
- Visit https://www.tsa.gov/travel/security-screening/liquids-rule for restrictions on liquids packed in checked baggage.
- Most airlines charge for checked bags. If you can't fit it into a carry-on bag, consider sharing a suitcase with a roommate so you can split any applicable fees.

## ITEMS TO PACK

- About \$50-\$100 is enough money to cover incidental expenses and/or meals/snacks not covered in your package. This varies for each trip.
- Comfortable walking shoes
- Season appropriate clothing. It's best to dress in layers in the winter months.
- Rain gear, windbreaker, or umbrella
- Toiletries including toothbrush, toothpaste, deodorant, etc.
- Chargers for cell phone
- Sunglasses
- Sunscreen
- Eyeglasses, contact lenses, solution (if applicable)
- Medications and copies of prescriptions